

Funded By:



The Alberni Valley
Community Foundation



Please note...

We encourage you to utilize the listed resources to access food.

Some of these programs require sign-up (*) or registration in advance. Please contact the individual organization to ensure full access and up to date information regarding their offerings.

Created By:



“When all people, at all times, have access to nutritious, safe, personally acceptable and culturally appropriate foods, produced in ways that are environmentally sound and socially just.”

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Community Food Offerings

Various contacts, programs, and support available throughout the Alberni Valley



Organization	Contact Information	General Food Offerings	Location	Day and Time
Bread of Life Centre	250-723-4049	First come, first served meals and snacks while providing space for all to feel safe and welcome	3130 3rd Avenue	7 days a week 9:00-10:30am Light Breakfast 11:30-12:30pm Hot Lunch 5:00-6:30pm Dinner
CMHA - Canadian Mental Health Association	250-724-7199	Daily lunch for Clubhouse members and guests(\$3) subsidized frozen meal program 3X per week *	3178 2nd Avenue	Monday - Friday lunch served at noon
Port Alberni Shelter Society (safe injection site)	250-723-6511 ext. 112	First come, first serve food available via food truck; Hampers for those in dire need; Seasonal produce from Shelter Farm	3699 3rd Avenue	Mon, Tues, Thurs, Sat, & Sun 12-1pm
Meals on Wheels	250-730-0390	Seniors, chronically ill, disabled & those recovering from medical treatment are eligible for subsidized meal delivery *	Mobile	Tuesday - Saturday Between 3:45-5pm
Sage Haven Society Drop-In Centre	250-736-0705	Coffee, tea, water and snacks when available	3082 3rd Avenue	Monday - Friday 9-11:30am & 12:30-3:30pm
Salvation Army Community Coffee	250-723-6913	Coffee, snacks and fellowship	4835 Argyle Street Front Lobby	Wednesday 10am - noon
Salvation Army Community Food Bank	250-723-6913	Access to food bank provisions with appointment and identification *	4835 Argyle Street	Tuesday, Wednesday, Thursday 11am-3pm
First Nations Offerings				
Hupačasath First Nation	250-724-4041	Seasonal produce boxes from Hupačasath Community Farm	Mobile	Weekly when in season
KUU-US Crisis Line Society	250-723-2323 ext. 227	Small food hampers available for pick up at office	4589 Adelaide Street	Monday - Friday 10-4pm (hours subject to change)
Port Alberni Friendship Center	250-723-8281	Family Gatherings Dinner (registration encouraged) *	3555 4th Avenue	Every other Friday Dinner starts at 4:30pm, goes to 6:30pm
NTC Health Department	250-724-3939	Coffee, tea, water and snacks	4841 Redford Street (entrance on 5th Avenue)	Monday - Friday 8:30am-4:30pm
Tseshahat First Nation	250-724-1225	Food Hampers *	5091 Tsuma-as Drive	Month of December
Child & Youth Focused Offerings				
ADAPS - Alberni Drug & Alcohol Prevention Service	250-724-6166	Youth food bags	Gyro Youth Centre 3242 7th Avenue	Fridays 6 - 10pm
Port Alberni Backpack Program	250-723-7671	Provides elementary students and their families, who are in need, with food for weekend *	United Church Maquinna School Library	Distributed Thursdays
Salvation Army After the Bell	250-723-6913	Provides a variety of snacks for throughout the day (typically a protein, fruit & granola bar) *	4835 Argyle Street	Twice Weekly Summer Months
Salvation Army Breakfast Program	250-723-6913	Parents can choose breakfast and bag lunch items for children & youth *	4835 Argyle Street	Twice Weekly Summer Months
Salvation Army Milk for Kids	250-723-6913	One litre of milk a week per child *	4835 Argyle Street	Pick up milk Wednesday afternoon to Friday while supplies last
SD70 School Program	Contact staff at your child's school	Support for families who have been struggling with rising food costs *	All Schools	School Hours