Identify These Edibles

IslandFoodHubs.ca

Food for Thought

The Vancouver Island region is full of edible diversity—from delicious berries to fresh fish to the elusive chanterelle. Do you know what you can grown in your backyard?

Let's keep Vancouver Island food secure.
Get involved with your local food hub today.

Project Partners

Cowichan Green Community
Cultivating food, community, and resilience

STRATHCONA
FOOD SECURITY PROJECT

LUSH VALLEY
FOOD ACTION SOCIETY

eat west coast

MOUNT WADDINGTON
COMMUNITY
FOOD INITIATIVE

cr-fair

Vancouver Island & Coastal Communities Indigenous Food Network
VICCIFN

Nanaimo Foodshare
"Local Food Matters"

Alberni Valley
Transition Town Society

island health